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Reserve

UNITED STATES DEPARTMENT OF AGRICULTURE  
BUREAU OF HOME ECONOMICS  
WASHINGTON, D. C.



Annual budgets for families of different size  
with incomes of \$1,185 to \$1,632.

The Bureau of Home Economics has never prepared any budgets for individual families, but in response to many requests for definite budget information, has collected budgets prepared by other organizations.

The following budgets for families of different size with incomes from \$1,185 to \$1,632 were prepared by a research group at the University of California:

Budgets priced in San Francisco, November, 1931  
by the Heller Committee for Research in Social Economics

Jessica B. Peixotto,  
Chairman.

University of California, Berkeley, California

Items	Family of 2	Family of 3	Family of 4	Family of 5
Food	\$319.68	\$387.00	\$450.12	\$507.84
Clothing	125.59	159.02	192.45	225.87
Shelter and house operation	417.00	466.78	506.39	535.30
Miscellaneous	<u>322.89</u>	<u>339.03</u>	<u>349.20</u>	<u>362.80</u>
Total	1,185.16	1,331.83	1,498.16	1,631.81

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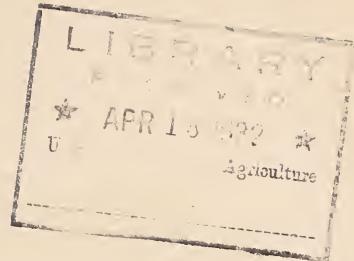
The budgets for the families of 2, 3 and 4 given on page one are presented by the Heller Committee in summary form only. More detailed figures are available on the apportionment of expenditures for a family of five.

Budget for a Family of Five with an Income of \$1,632  
Priced in San Francisco, November, 1931.

Items	Annual cost	Per cent of total cost
Food - All meals at home	\$507.84	31.1
Clothing	225.87	13.9
Men	61.22	3.8
Wife	64.37	3.9
Boy 11	45.13	2.8
Girl 5	20.43	1.8
Boy 2	25.72	1.6
Housing	336.00	20.6
House operation	199.30	12.2
Light, heat, and fuel	80.42	4.9
Replacement of furniture and furnishings	52.68	3.2
Other items	66.20	4.1
Miscellaneous	362.80	22.2
Life insurance	65.00	4.0
Medical care	75.00	4.6
Recreation and entertainment	82.08	5.0
Carfare	45.00	2.8
Other items	95.72	5.8
Total	\$1631.81*	100.0

\*This figure may be reduced about 5 per cent by good management.

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UNITED STATES DEPARTMENT OF AGRICULTURE  
BUREAU OF HOME ECONOMICS  
WASHINGTON, D.C.

Annual budgets for families of different size  
with incomes of \$1,551 to \$2,175

The Bureau of Home Economics has never prepared any budgets for individual families, but in response to many requests for definite budget information, has collected budgets prepared by other organizations.

The following budgets for families of different size with incomes from \$1,551 to \$2,175 were prepared by a research group at the University of California:

Budgets priced in San Francisco, November, 1931  
by the Heller Committee for Research in Social Economics

Jessica B. Peixotto,  
Chairman

University of California, Berkeley, California

Items	Family of 2	Family of 3	Family of 4	Family of 5
Food	\$ 462.96	\$ 538.32	\$ 613.32	\$ 677.64
Clothing	206.68	251.11	295.54	339.97
Shelter and house operation	437.37	481.50	537.49	658.69
Miscellaneous	444.01	466.21	484.86	498.89
Total	\$1,551.02	\$1,737.14	\$1,931.21	\$2,175.19

(Over)

The budgets for the families of 2, 3 and 4 given on page one are presented by the Heller Committee in summary form only. More detailed figures are available on the apportionment of expenditures for a family of five.

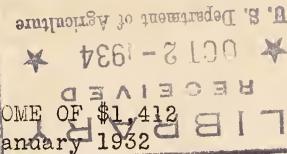
Budget for a Family of Five with an Income of \$2,175  
Priced in San Francisco, November, 1931.

Items	Annual cost	Per cent of total cost
Food	\$677.64	31.2
Meals at home	\$572.64	26.4
Husband's lunches	105.00	4.8
Clothing	339.97	15.6
Man	95.32	4.4
Wife	111.36	5.1
Boy 11	54.21	2.5
Girl 5	43.19	2.0
Boy 2	35.89	1.6
Housing	396.00	18.2
House operation	262.69	12.1
Light, heat, and fuel	90.86	4.2
Replacement of furniture and furnishings	79.21	3.6
Other items	92.62	4.3
Miscellaneous	498.89	22.9
Life insurance	130.00	6.0
Medical care	75.00	3.4
Recreation and entertainment	126.54	5.8
Carfare	60.00	2.8
Other items	107.35	4.9
Total	\$2175.19*	100.0

\*This figure may be reduced about 5 per cent by good management

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United States Department of Agriculture  
Bureau of Home Economics  
Washington, D. C.



BUDGET FOR A FAMILY OF FIVE WITH AN ANNUAL INCOME OF \$1,412  
Priced in Cincinnati, Ohio, November 1931-January 1932

The following budget summary was prepared from a detailed budget published by the Living Costs Committee of the Cincinnati League of Women Voters, Cincinnati, Ohio. In the food estimates, the allowance for the man is for a man doing active muscular work. No allowance is included for medical care, as it is assumed that free medical facilities will be used.

Item	Annual cost	Monthly cost	Percent of total cost
Food			
Meals at home	\$570.80	\$48.80	41.5
School lunches	14.80		
Clothing	190.00	15.83	13.5
Man	48.00		
Wife	37.00		
Boy of 14 years	36.00		
Girl of 12 years	38.00		
Child of 3 years	16.00		
Upkeep of clothes	15.00		
Rent	318.00	26.50	22.5
Household operation	73.80	6.15	5.2
Light and fuel	54.00		
Other items	19.80		
Furnishings and equipment	35.93	3.00	2.6
Transportation	71.86	5.99	5.1
Personal care	5.30	.44	.4
Recreation	59.79	4.98	4.2
Movies	31.20		
Upkeep of radio	6.00		
Newspaper	6.16		
Other recreation	16.43		
Education	4.80	.40	.5
Church and Sunday school	12.00	1.00	.9
Life insurance	28.60	2.38	2.0
Savings account	26.00	2.17	1.8
Total	\$1,411.68	\$117.64	100.0

(over)

WEEKLY FOOD ORDER FOR FAMILY OF TWO ADULTS AND THREE CHILDREN  
Priced in Cincinnati, Ohio, November 1931

<u>Food</u>	<u>Amount</u>	<u>Cost</u>
Milk	29 qts.	\$ 3.19
Cereals		
Oats	1 lb. 11 oz.	.14
Whoat	1 lb. 5 oz.	.03
Corn meal	10 oz.	.02
Rico	5 oz.	.02
Broad	12 lbs.	.72
Eggs	18	.43
Meat or fish	9 lbs.	1.80
Fats	2 lbs. 14 $\frac{1}{2}$ oz.	.61
Vegetables		
Potatoes	12 $\frac{1}{4}$ lbs.	.23
Leafy	12 $\frac{1}{2}$ lbs.	1.13
Roots	1 lb. 14 oz.	.08
Cabbage	2 lbs.	.05
Legumos	1 lb. 4 $\frac{1}{2}$ oz.	.11
Tomatoes, canned	4 lbs.	.32
Fruits, fresh		
Oranges	11	.21
Apples	11 lbs.	.44
Fruit, dried	3 $\frac{1}{4}$ lbs.	.34
Coffee	11 oz.	.15
Sugar	3 $\frac{3}{4}$ lbs.	.21
Accessories		.20
<b>TOTAL</b>		<b>\$10.43</b>
Additional allowance for a man in active muscular work		.47
<b>TOTAL</b>		<b>\$10.90</b>

The weekly food order given above is planned to meet the food requirements of a family of five where the father is doing office work or work requiring about the same amount of muscular activity. When the father is engaged in more active muscular work, an additional allowance is made, since his energy needs will be greater and his food costs will be higher due to an increased consumption of cereals and fats.

Weekly food allowances are given below for estimating food costs for families of different size and composition. The food cost figures for young children may seem relatively high, but growing children need more milk and relatively more vegetables and fruits than adults, even though they eat a smaller amount of food.

WEEKLY FOOD ALLOWANCES FOR ESTIMATING FOOD COSTS FOR INDIVIDUALS  
Priced in Cincinnati, Ohio, November 1931

For a man doing active muscular work	\$2.80
For a man doing office work	2.33
For a homemaker	2.33
For an individual 12-18 years old	2.28
For a child 8-12 years old	1.93
For a child 5-8 years old	1.73
For a child 2-5 years old	1.52
For a child 6 months to 2 years, approximately	1.52

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United States Department of Agriculture  
Bureau of Home Economics  
Washington, D. C.

Reserve

**BUDGET FOR A FAMILY OF FIVE WITH AN ANNUAL INCOME OF \$1,412**  
Priced in Cincinnati, Ohio, November 1931-January 1932

The following budget summary was prepared from a detailed budget published by the Living Costs Committee of the Cincinnati League of Women Voters, Cincinnati, Ohio. In the food estimates, the allowance for the man is for a man doing active muscular work. No allowance is included for medical care, as it is assumed that free medical facilities will be used.

Item	Annual cost	Monthly cost	Percent of total cost
Food	\$585.60	\$48.80	41.5
Meals at home	\$570.80		
School lunches	14.80		
Clothing	190.00	15.83	13.5
Man	48.00		
Wife	37.00		
Boy of 14 years	36.00		
Girl of 12 years	38.00		
Child of 3 years	16.00		
Upkeep of clothes	15.00		
Rent	318.00	26.50	22.5
Household operation	73.80	6.15	5.2
Light and fuel	54.00		
Other items	19.80		
Furnishings and equipment	35.93	3.00	2.6
Transportation	71.86	5.99	5.1
Personal care	5.30	.44	.4
Recreation	59.79	4.98	4.2
Movies	31.20		
Upkeep of radio	6.00		
Newspaper	6.16		
Other recreation	16.43		
Education	4.80	.40	.5
Church and Sunday school	12.00	1.00	.9
Life insurance	28.60	2.38	2.0
Savings account	26.00	2.17	1.8
Total	\$1,411.68	\$117.64	100.0

(over)

WEEKLY FOOD ORDER FOR FAMILY OF TWO ADULTS AND THREE CHILDREN  
Priced in Cincinnati, Ohio, November 1931

<u>Food</u>	<u>Amount</u>	<u>Cost</u>
Milk	29 qts.	\$ 3.19
Cereal		
Oats	1 lb. 11 oz.	.14
Wheat	1 lb. 5 oz.	.03
Corn meal	10 oz.	.02
Rice	5 oz.	.02
Bread	12 lbs.	.72
Eggs	18	.43
Meat or fish	9 lbs.	1.80
Fats	2 lbs. 14 $\frac{1}{2}$ oz.	.61
Vegetables		
Potatoes	12 $\frac{1}{4}$ lbs.	.23
Leafy	12 $\frac{1}{2}$ lbs.	1.13
Roots	1 lb. 14 oz.	.08
Cabbage	2 lbs.	.05
Legumes	1 lb. 4 $\frac{1}{2}$ oz.	.11
Tomatoes, canned	4 lbs.	.32
Fruits, fresh		
Oranges	11	.21
Apples	11 lbs.	.44
Fruit, dried	3 $\frac{1}{4}$ lbs.	.34
Coffee	11 oz.	.15
Sugar	3 $\frac{3}{4}$ lbs.	.21
Accessories		.20
<b>TOTAL</b>		<b>\$10.43</b>
Additional allowance for a man in active muscular work		.47
<b>TOTAL</b>		<b>\$10.90</b>

The weekly food order given above is planned to meet the food requirements of a family of five where the father is doing office work or work requiring about the same amount of muscular activity. When the father is engaged in more active muscular work, an additional allowance is made, since his energy needs will be greater and his food costs will be higher due to an increased consumption of cereals and fats.

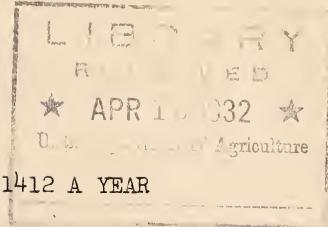
Weekly food allowances are given below for estimating food costs for families of different size and composition. The food cost figures for young children may seem relatively high, but growing children need more milk and relatively more vegetables and fruits than adults, even though they eat a smaller amount of food.

WEEKLY FOOD ALLOWANCES FOR ESTIMATING FOOD COSTS FOR INDIVIDUALS  
Priced in Cincinnati, Ohio, November 1931

For a man doing active muscular work	\$2.80
For a man doing office work	2.33
For a homemaker	2.33
For an individual 12-18 years old	2.28
For a child 8-12 years old	1.93
For a child 5-8 years old	1.73
For a child 2-5 years old	1.52
For a child 6 months to 2 years, approximately	1.52

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UNITED STATES DEPARTMENT OF AGRICULTURE  
BUREAU OF HOME ECONOMICS  
WASHINGTON, D. C.



A BUDGET FOR A FAMILY OF FIVE WITH AN INCOME OF ABOUT \$1412 A YEAR

The Bureau of Home Economics has never prepared any budgets for individual families, but in response to many requests for definite budget information, has collected budgets prepared by other agencies.

The following spending and saving plan for the use of a family of five with three children under fourteen years old and with an income of about \$1412 a year, was prepared by the Living Costs Committee of the Cincinnati League of Women Voters under the direction of Elizabeth Dyer, Director of the School of Household Administration, and other members of the staff of that institution.

BUDGET FOR A FAMILY OF FIVE  
Prices in Cincinnati, Ohio, November 1931-January 1932

		Annual	Monthly
Food		<u>\$581.60</u>	<u>\$ 48.47</u>
Meals at home	\$566.80		
School lunches	14.80		
Clothing		190.00	15.83
Father	48.00		
Mother	37.00		
Son, 14 years old	36.00		
Daughter, 12 years old	38.00		
Baby, 3 years old	16.00		
Upkeep of clothes	15.00		
Rent		318.00	26.50
Furniture, furnishings and equipment		35.93	2.99
Operating expenses		148.40	12.37
Fuel (coal and gas)	36.00		
Light (electricity)	18.00		
Transportation	68.40		
School supplies	3.80		
Cleaning materials and miscellaneous	22.20		
Health		8.52	.71
Leisure time activities		74.63	6.22
Daily newspaper	6.16		
Church or Sunday school	12.00		
Recreation	56.47		
Insurance		28.60	2.38
Savings account		<u>26.00</u>	<u>2.17</u>
TOTAL		\$1411.68	\$117.64

(Over)

WEEKLY FOOD ALLOWANCES FOR ESTIMATING FOOD COSTS FOR INDIVIDUALS  
Prices in Cincinnati, Ohio, November, 1931

For an adult requiring 2800 calories a day	\$2.33
For a man doing active muscular work	2.80
For an individual 12 - 18 years old	2.28
For a child 8 - 12 years old	1.93
For a child 5 - 8 years old	1.73
For a child 2 - 5 years old	1.52
For a child 6 months to 2 years, approximately	1.52

The food cost figures for young children as calculated here may seem relatively high, but growing children need more protective foods than adults, even though they eat a smaller amount of food. Mothers whose food allowances are necessarily limited must plan carefully if their families are to receive an adequate diet. Those who have not had special training in food selection are advised, if possible, to consult a nutrition specialist to assist them in planning low-cost menus which will safeguard the health of the family.

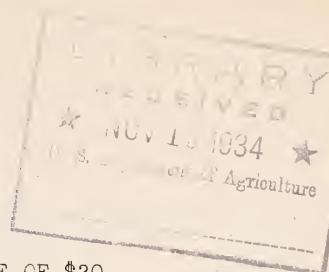
The weekly food order given below was first planned by the Cincinnati Committee to meet the food requirements of a family of five where the father is doing office work. When the father is engaged in more active work, his energy needs will be greater and his food costs will be higher due to an increased consumption of cereals and fats.

WEEKLY FOOD ORDER FOR FAMILY OF FIVE (TWO ADULTS AND THREE CHILDREN)  
Prices in Cincinnati, Ohio, November, 1931

Food	Amount	Cost
Milk	29 qts.	\$ 3.19
Cereal		
Oats	1 lb. 11 oz.	.14
Wheat	1 lb. 5 oz.	.03
Cornmeal	10 oz.	.02
Rice	5 oz.	.02
Bread	12 lbs.	.72
Eggs	18	.43
Meat or fish	9 lbs.	1.80
Fats	2 lbs. 14½ oz.	.61
Vegetables		
Potatoes	12½ lbs.	.23
Leafy	12½ lbs.	1.13
Roots	1 lb. 14 oz	.08
Cabbage	2 lbs.	.05
Legumes	1 lb. 4½ oz.	.11
Tomatoes, canned	4 lbs.	.32
Fruits, fresh		
Oranges	11	.21
Apples	11 lbs.	.44
Fruit, dried	3½ lbs.	.34
Coffee	11 oz.	.15
Sugar	3½ lbs.	.21
Accessories		.20
TOTAL		\$10.43
Additional allowance for a man in active muscular work		.47
TOTAL		\$10.90

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United States Department of Agriculture  
Bureau of Home Economics  
Washington, D. C.



BUDGET FOR A FAMILY OF FIVE WITH A WEEKLY INCOME OF \$20  
Priced in Cleveland, Ohio, January 1932

Item	Weekly cost	Percent of weekly cost
Food.....	\$ 7.75	38.8
Clothing.....	3.00	15.0
Shelter.....	5.10	25.5
House operation.....	2.10	10.5
Advancement.....	2.05	10.2
	<u>\$20.00</u>	<u>100.0</u>

The budget estimates presented here were prepared by the Home Economics Committee of the Associated Charities of Cleveland, Ohio.

Weekly food allowances and annual clothing allowances are given below for use in planning budgets for families of different size and composition. The food cost figures for young children may seem relatively high, but growing children need more milk and relatively more vegetables and fruits than adults, even though they eat a smaller amount of food.

WEEKLY FOOD ALLOWANCES  
Priced in Cleveland, Ohio, January 1932

Man.....	\$1.90
Woman.....	1.70
Boy 15-18 years.....	2.15
Girl 15-18 years.....	1.85
Child 10-14 years.....	1.60
Child 6-9 years.....	1.45
Child 3-5 years.....	1.40
Child 12-36 months.....	1.20

ANNUAL CLOTHING ALLOWANCES  
Priced in Cleveland, Ohio, January 1932

Man at work.....	\$37.50
Woman at work.....	28.35
Boy at work.....	54.50
Girl at work.....	54.00
Boy 10-16 years.....	30.00
Girl 10-16 years.....	25.50
Boy 6-10 years.....	25.00
Girl 6-10 years.....	18.50
Child 1½-5 years.....	14.35
Infant to 1½ years.....	10.40

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WEEKLY FOOD ORDER FOR FAMILY OF TWO ADULTS AND  
THREE CHILDREN FROM 2 to 15 YEARS OF AGE

Priced in Cleveland, Ohio, January 1932

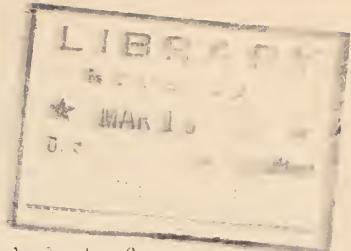
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Milk - 21 quarts.....	\$1.89
Meat - 4 pounds.....	.70
Pork liver - 2 pounds.....	.20
Salmon - 1 pound.....	.10
Salt pork - $\frac{1}{2}$ pound.....	.07
Eggs - 1 dozen.....	.28
Cheese - Cottage - 2 pounds.....	.22
- American - $\frac{1}{4}$ pound.....	.07
Peanut butter - $\frac{3}{4}$ pound.....	.15
Oleomargarine - 2 pounds.....	.38
Lard - 1 pound.....	.07
Sugar - 3 pounds.....	.18
Molasses - $\frac{1}{2}$ can.....	.05
Flour - 2 pounds.....	.07
Bread - 10 loaves.....	.70
Cereals - 3 pounds (Farina, rice, corn meal, grits).....	.18
Macaroni or spaghetti - 2 pounds.....	.14
Legumes - $2\frac{1}{2}$ pounds (Peas, beans, lentils).....	.20
Potatoes - 12 pounds.....	.18
Green and root vegetables - 15 pounds (Onions, carrots, beets, turnips, lettuce, spinach, cabbage).....	.59
Tomatoes - 2 cans.....	.17
Fruits - $7\frac{1}{2}$ pounds (Prunes, raisins, apples, peaches).....	.59
Flavored gelatine - 1 box.....	.09
Coffee - $\frac{1}{2}$ pound.....	.10
Cocoa - $\frac{1}{2}$ pound.....	.08
Seasonings.....	<u>.15</u>
Total.....	\$7.60

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UNITED STATES DEPARTMENT OF AGRICULTURE  
BUREAU OF HOME ECONOMICS  
WASHINGTON, D. C.



The Bureau of Home Economics has never prepared any budgets for individual families, but in response to many requests for definite budget information, budgets prepared by other organizations have been collected.

The following figures were prepared in January, 1932, by the Home Economics Committee of the Cleveland Associated Charities:

Weekly Budget for a Family of Five  
With an Income of \$20 per week

	Amount in dollars	Per cent
Food - - - - -	7.75	40
Clothing - - - - -	3.00	15
Shelter - - - - -	5.10	25
Operating expense - - - - -	2.10	10
Advancement - - - - -	<u>2.05</u>	<u>10</u>
	20.00	100

Annual Clothing Allowances  
Suggested by the Committee

	Annual expenditure
Woman at home - - - - -	\$28.35
Man at work - - - - -	37.50
Girl at work - - - - -	54.00
Boy at work - - - - -	54.50
Girl 10-16 years old - - - - -	25.50
Boy 10-16 years old - - - - -	30.00
Girl 6-10 years old - - - - -	18.50
Boy 6-10 years old - - - - -	25.00
Child 1½-5 years old - - - - -	14.35
Infant to 1½ years old - - - - -	10.40

Recommended Weekly Food Expenses for Individuals  
To be used in calculating budgets for families of different composition

Woman - - - - -	\$1.70
Man - - - - -	1.90
Girl 15-18 years - - - - -	1.85
Boy 15-18 years - - - - -	2.15
Child 10-14 years - - - - -	1.60
Child 6-9 years - - - - -	1.45
Child 3-5 years - - - - -	1.40
Child 12-36 months - - - - -	1.20

(Note: The figures on food costs for young children given on the previous page may seem relatively high, but growing children need more protective foods than adults, even though they eat a smaller amount of food. Mothers whose food allowances must be as low as those just listed must plan with great care if their families are to receive an adequate diet, and those who have not had special training in food selection are advised, if possible, to consult a nutrition specialist to assist them in planning low-cost menus which will safeguard the health of the family.)

Weekly Grocery Order

furnishing an adequate diet for a family of five - father, mother, and three children 2-4 years of age calculated on the basis of Cleveland, Ohio, prices in January, 1932.

	Cost
Milk - 2½ quarts	\$1.89
Meat and fish	
Meat - 4 lbs.	.70
Salt pork - $\frac{1}{2}$ lb.	.07
Salmon - 1 lb.	.10
Pork liver - 2 lbs.	.20
Eggs - 1 dozen	.28
Cheese - Cottage 2 lbs.	.22
American $\frac{1}{4}$ lb.	.07
Peanut butter - $\frac{3}{4}$ lb.	.15
Fat - Oleomargarine 2 lbs.	.38
Lard - 1 lb.	.07
Sugar - 3 lbs.	.18
Flour - 12 lbs., or 2 lbs. if bread is purchased	.07
Bread - 10 loaves	.70
Cereals - 3 lbs.	.18
(Farina, rice, oatmeal, cornmeal, grits.)	
Macaroni or spaghetti - 2 lbs.	.14
Legumes - $2\frac{1}{2}$ lbs.	.20
(Peas, beans, lentils.)	
Vegetables	
Potatoes - 12 lbs.	.18
Green and root - 15 lbs.	.59
Onions, carrots, beets, turnips, lettuce, spinach, cabbage	
Tomatoes - 1 can	.10
Fruits - $7\frac{1}{2}$ lbs.	.59
(Fresh and dried prunes, raisins, apples, peaches.)	
Tomatoes (in place of oranges) - 1 can	.07
Flavored gelatine - 1 box	.09
Coffee - $\frac{1}{2}$ lb.	.10
Cocoa - $\frac{1}{2}$ lb.	.08
Molasses - $\frac{1}{2}$ can	.05
Seasonings	<u>.15</u>
Total	\$7.60

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United States Department of Agriculture  
Bureau of Home Economics  
Washington, D. C.

Reserve

BUDGET FOR A FAMILY OF FIVE WITH AN INCOME OF \$1,495.57  
PRICED IN SAN FRANCISCO, NOVEMBER 1933.

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The following budget summary was prepared from a detailed budget published by the Heller Committee for Research in Social Economics at the University of California, Berkeley, California. The budget includes the cost of the California retail sales tax which makes the total about one percent higher than it would be without the tax.

Item	Annual cost	Percent of annual cost
Food - meals at home	\$462.64	30.9
Clothing	215.59	14.4
Man	\$59.71	4.0
Wife	58.24	3.9
Boy of 11 years	41.70	2.8
Girl of 5 years	29.90	2.0
Boy of 3 years	26.04	1.7
Housing	270.00	18.1
House operation	125.39	8.4
Light and fuel	80.22	5.4
Other items	45.17	3.0
Furnishings	51.28	3.4
Carfare	45.00	3.0
Care of the person	44.17	3.0
Medical care	75.00	5.0
Leisure time activities	118.37	7.9
Commercial amusements	31.96	2.1
Guests at home	21.12	1.4
Excursions	15.00	1.0
Tobacco	13.33	0.9
Gifts	23.06	1.6
Upkeep of radio	2.85	0.2
Reading matter	11.05	0.7
Education	5.13	0.3
Church and charity	18.00	1.2
Life insurance	65.00	4.4
Total	\$1,495.57	100.0



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United States Department of Agriculture  
Bureau of Home Economics  
Washington, D. C.

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BUDGET FOR A FAMILY OF FIVE WITH AN INCOME OF \$2,001  
Priced in San Francisco, November 1933

The following budget summary was prepared from a detailed budget published by the Heller Committee for Research in Social Economics at the University of California, Berkeley, California. The budget includes the cost of the California retail sales tax which makes the total about one percent higher than it would be without the tax.

Item	Annual cost	Percent of annual cost
Food	\$565.48	28.3
Meals at home	\$457.85	22.9
Husband's lunches	107.63	5.4
Clothing	344.92	17.2
Man	94.12	4.7
Wife	115.06	5.7
Boy of 11 years	54.33	2.7
Girl of 5 years	43.41	2.2
Boy of 2 years	38.00	1.9
Housing	354.00	17.7
House operation	154.80	7.7
Light and fuel	90.66	4.5
Other items	64.14	3.2
Furnishings	77.12	3.9
Carfare	60.00	3.0
Care of the person	53.12	2.7
Medical care	75.00	3.7
Leisure time activities	163.24	8.2
Commercial amusements	40.48	2.0
Guests at home	20.30	1.0
Vacation	45.00	2.3
Tobacco	18.45	0.9
Gifts	23.06	1.2
Upkeep of radio	2.85	0.1
Reading matter	13.10	0.7
Education	5.13	0.3
Church and charity	18.00	0.9
Life insurance	130.00	6.4
Total	\$2,000.81	100.0



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The Bureau of Home Economics has never prepared any budgets for individual families, but in response to many requests for definite budget information, budgets prepared by other organizations have been collected.

The following figures were prepared in January 1932, by the Home Economics Committee of the Cleveland Associated Charities:

Weekly Budget for a Family of Five  
With an Income of \$20 per week

	Amount in dollars	Percent
Food . . . . .	7.75	40
Clothing . . . . .	3.00	15
Shelter . . . . .	5.10	25
Operating expense . . . . .	2.10	10
Advancement . . . . .	2.05	10
	<u>20.00</u>	<u>100</u>

Annual Clothing Allowances.  
Suggested by the Committee

	Annual expenditure
Woman at home . . . . .	\$28.35
Man at work . . . . .	37.50
Girl at work . . . . .	54.00
Boy at work . . . . .	54.50
Girl 10-16 years old . . . . .	25.50
Boy 10-16 years old . . . . .	30.00
Girl 6-10 years old . . . . .	18.50
Boy 6-10 years old . . . . .	25.00
Child 1½-5 years old . . . . .	14.35
Infant to 1½ years old . . . . .	10.40

Recommended Weekly Food Expenses for Individuals  
To be used in calculating budgets for families of different composition

Woman . . . . .	\$ 1.70
Man . . . . .	1.90
Girl 15-18 years . . . . .	1.85
Boy 15-18 years . . . . .	2.15
Child 10-14 years . . . . .	1.60
Child 6-9 years . . . . .	1.45
Child 3-5 years . . . . .	1.40
Child 12-36 months . . . . .	1.20

( over )

(Note: The figures on food costs for young children given on the reverse of this page may seem relatively high, but growing children need more protective foods than adults, even though they eat a smaller amount of food. Mothers whose food allowances must be as low as those just listed must plan with great care if their families are to receive an adequate diet, and those who have not had special training in food selection are advised, if possible, to consult a nutrition specialist to assist them in planning low-cost menus which will safeguard the health of the family.)

Weekly Grocery Order  
furnishing an adequate diet for a family of five -- father, mother, and three children 2-15 years of age calculated on the basis of Cleveland, Ohio, prices in January 1932.

	Cost
Milk - 2½ quarts . . . . .	\$1.89
Meat and fish:	
Meat - 4 lbs. . . . .	.70
Salt pork - $\frac{1}{2}$ lb. . . . .	.07
Salmon - 1 lb. . . . .	.10
Pork liver - 2 lbs. . . . .	.20
Eggs - 1 dozen . . . . .	.28
Cheese - Cottage - 2 lbs.	.22
- American - $\frac{1}{4}$ lb. . . . .	.07
Peanut butter - $\frac{3}{4}$ lb. . . . .	.15
Fat - Oleomargarine - 2 lbs. . . . .	.38
- Lard - 1 lb. . . . .	.07
Sugar - 3 lbs. . . . .	.18
Flour - 12 lbs., or 2 lbs. if bread is purchased . . . . .	.07
Bread - 10 loaves . . . . .	.70
Cereals - 3 lbs. . . . .	.18
(Farina, rice, oatmeal, corn meal, grits)	
Macaroni or spaghetti - 2 lbs. . . . .	.14
Legumes - $2\frac{1}{2}$ lbs. . . . .	.20
(Peas, beans, lentils)	
Vegetables:	
Potatoes - 12 lbs. . . . .	.18
Green and root - 15 lbs. . . . .	.59
(Onions, carrots, beets, turnips, lettuce, spinach, cabbage)	
Tomatoes - 1 can . . . . .	.10
Fruits - $7\frac{1}{2}$ lbs. . . . .	.59
(Fresh and dried prunes, raisins, apples, peaches)	
Tomatoes (in place of oranges) - 1 can . . . . .	.07
Flavored gelatine - 1 box . . . . .	.09
Coffee - $\frac{1}{2}$ lb. . . . .	.10
Cocoa - $\frac{1}{2}$ lb. . . . .	.08
Molasses - $\frac{1}{2}$ can . . . . .	.05
Seasonings . . . . .	<u>.15</u>
Total . . . . .	\$7.60